

- Nalbari Town in Assam, India. *International Journal of Scientific & Technology Research* Volume 2, Issue 11, Nov 2013, ISSN: 2277-8616, pp. 180-185. www.ijstr.org.
2. Educational Stress and Strategies for Reduction: A Picture of Meghalaya. *International Journal of Arts & Education Research, IJAER/Oct-Nov2013/Vol.2/Issue-6/Article No-11/706-711*, and ISSN: 2278-9677. www.ijaer.org
 3. Guidance and Counselling for Adolescent Students: A Priority in Educational Planning with Special Reference to North East India. *Research Tracks, Vol.1 Issue.1*, pp. 106-107, ISSN 2347-4637. www.ycjournal.net
 4. Correlating Of Mental Health amongst the Higher Secondary School Students with On-Going Social Disturbances in Meghalaya. *International Journal of Informative & Futuristic Research, IJIFR/V3/E11/036*, pp. 4223-4229, ISSN: 2347-1697. www.ijifr.com
 5. Understanding the needs of Higher Secondary Students' Guidance Needs, Stress and academic Achievement for Transition to Higher Education: A Study of Garo Hills, Meghalaya, India. *International Journal of Informative & Futuristic Research, IJIFR/V3/E3/051*, pp. 921-926, ISSN: 2347-1697. www.ijifr.com
 6. Identifying Hindrances in Effective Implementation of Sakshaar Bharat Programme in Meghalaya. *International Journal of Informative & Futuristic Research, IJIFR/V3/E4/016*, pp. 1230-1237, ISSN: 2347-1697. www.ijifr.com
 7. Self Esteem and Academic Achievement- A Comparative Study among the Higher Secondary Students Affiliated to MBOSE and CBSE. *International Journal of Informative & Futuristic Research, IJIFR/V3/E4/058*, pp. 1343-1347, ISSN: 2347-1697. www.ijifr.com
 8. Problems among the Youth and Their Self-concept: An Investigation into the Relationship. *International Journal of Creative Research Thoughts (IJCRT)*, 10(3), 367-376.

National Journal Publications

Seminar Paper Presentations

1. **5th - 6th, April, 2012:** Presented paper entitled "Educational Stress and Strategies for Reduction: A Picture of Meghalaya" in the National Seminar on Education for Human Resource Development in the Context of 21st Century, organized by Dept. of Education, Gauhati University in collaboration with Abhiruchi Institute of Physical Education.
2. **8th - 9th, Nov, 2012:** Presented paper entitled "Role of

Private Sector Investment in Education” in the National Seminar-cum-20th Annual Conference Planning and Financing Education for National Development with Special Reference to North-East India, the North-East India Education Society (NEIES) organized by Dept. of Education, NEHU & NEIES, Shillong, India.

3. **6th & 7th May, 2013:** Presented paper in the National Seminar, on “Quality Sustenance in NAAC Accredited Institutions of Higher Education” entitled Maintaining Quality and Excellence in Higher Education: A Challenging Role of Academic Faculty with Special Reference to North-East India. Organized by IQAC, Don Bosco College, Tura, and sponsored by NAAC-Bangalore, India.
4. **24th – 26th February, 2014:** Presented paper in International Conference on “Education: Teaching to Learning, a Reconceptualization of Education in the Emerging Context of ICT, a Special Reference to North East India” entitled “Understanding the Higher Secondary Students’ Guidance Needs, Stress and Academic Achievement for Transition to Higher Education: A Study of Garo Hills, Meghalaya, India”. Organized jointly by Assam Don Bosco University and Dept. of Education, Guwahati University, Guwahati, Assam, India.
5. **20th – 21st March, 2016:** Presented in the National Seminar on “Rethinking New Education Policy: Contextualizing the Issues of India’s North-Eastern Region”, entitled “The Influence of Socio-Economic Status on the Guidance Needs, Mental Health and Academic Achievement of the Science Students of Meghalaya”, organized by Dept. of education, NEHU, Tura campus sponsored by ICSSR, New Delhi.
6. **17th – 18th May, 2016:** Presented paper in the UGC Sponsored National Seminar on Women Education in India through the Ages organised by Dept. of History, Mankachar College in Collaboration with Women Cell, Mankachar College, Mankachar.
7. **25th – 26th Feb, 2017:** Education in Northeast India: Challenges and Opportunities, entitled “Self Esteem among the Higher Education Students: An Indicator of Youth Development” organised by IQAC, Govt. Degree College, Dharmanagar, North Tripura sponsored by NAAC.
8. **27th and 28th March 2024:** Presented a research paper entitled “Perceived Academic Trajectory of Secondary School Students in Tura, Meghalaya” sponsored by ICSSR-New Delhi & ICSSR-NERC and organized by Dept of Education, NEHU, Tura Campus

Seminars Attended

1. **25th - 26th, July, 2011:** Attended National Conference on “Universalization of Secondary Education: Prospect and Challenges with Special Reference to North-East India” organized by Dept. of Education, NEHU, Tura Campus & P. A. Sangma Foundation, Tura, Comparative Education Society of India, New Delhi.
2. **26th – 27th June, 2014:** Attended in the “International Seminar on Entrepreneurship in the Fast-Changing Society: The Socio-Economic Perspectives” as Delegate organized by the Department of Management, NEHU, Tura Campus, Meghalaya.

Workshops Attended / Participated

1. **28th March 2006:** Attended the workshop on Research Methodology organized by the Indian Council of Social Science Research, North Eastern Regional Centre, Shillong in collaboration with the Department of Education, North Eastern Hill University, Tura Campus during 28th March 2006 at NEHU, Tura Campus.
2. **6th - 15th March, 2013** Participated in the National Workshop on “Research Methodology and Data Analysis through SPSS in Social Sciences for Ph. D. Scholars” organized by Dept. of Education, Mizoram University, Aizawl, sponsored by ICSSR, New Delhi.
3. **19th November 2019:** Participated at the One-Day National workshop on "Integration of Theory and Practice of Education through ICT" organised by the Centre for Pre-Service Teacher Education, NEHU Shillong in collaboration with Department of Education, NEHU, Tura Campus, Tura, under the MHRD Scheme of Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT) on 19th November 2019.
4. **22nd -27th June, 2020:** Participated in the 6 days online National Workshop on Enhancing Digital Competencies of Teacher Educators, Teachers and Parents of School Students jointly organized by Centre for Pre-Service Teacher Education (PMMMNTT), School of Education, North-Eastern Hill University, Shillong, Meghalaya with Department of Education, North-Eastern Hill University, Tura Meghalaya and St Anthony’s College Shillong, Meghalaya.
5. **2nd August 2021:** Participate in One Day International Workshop on “Open Educational Resources (OER) and Massive Open Online Courses (MOOC) for Reflective Learning” jointly organized by Department of Philosophy, Moran College, Moranhat, Charaideo Dist, Assam, India, and SCTE, Kohima, Nagaland, India in Collaboration with School of Education, North-Eastern Hill University (NEHU), Shillong, Meghalaya, India.
6. **6th September 2021:** Participation in the ICSSR-NERC Sponsored One-Day International Workshop on

“Developing Academic Professionals: Innovative Technology” organized by the Department of Education, North-Eastern Hill University (NEHU), Shillong, Meghalaya, India, in collaboration with the Department of Philosophy, Moran College, Moranhat, Charaideo Dist. Assam, India.

7. **14th — 18th Feb, 2022:** Chaired and Participated in 5 day Online National Workshop on MOOCs, E-Content Development and Open Educational Resources” 2022 jointly organized by Department of Education, North-Eastern Hill University, Tura Campus, Department of Education & Educational Technology, School of Social Sciences, University of Hyderabad, Hyderabad and Don Bosco College, Tura, Meghalaya.
8. **6th Jan -14th May, 2022:** Participated in various program and workshops conducted by DERT, Meghalaya, Shillong, for the development of position paper in the State Curriculum Frameworks as a Member for the respective Focus Group during the period from 6th January to 14th May 2022.
9. **16th December 2022:** Attended/Participated in 58th International Workshop on “Tips for Writing a Scientific Research Project Proposal” jointly organized by Internal Quality Assurance Cell {IQAC}, NEHU, Shillong, Indian Society for Training and Development [ISTD], Shillong in collaboration with Dept. of Philosophy and IQAC, Moran College, Moranhat, assam and Department of Philosophy, Sri Venkateswara University (SVU), Tirupati, Andhra Pradesh, India.

Webinars Attended

1. **30th June 2020:** Attended/Participated in the Live Webinar: Edition 2 titled Addressing Core Issues in Teaching Organized by Departments of Value Education and English St. Anthony’s College, Shillong, Meghalaya India.

FDP’s/Refresher Course Attended

1. **08th - 13th, Nov, 2010-** Attended Training Programme on Research Methodology, organized by Dept. of Education, NEHU, Tura Campus, Tura 794002.
2. **9th - 19th March, 2016:** Attended Training Course on Research Methodology for Researchers in Social sciences and Humanities organized by Dept. of education, NEHU Tura campus, Tura.
3. **27th October -5th November, 2022:** Attended in UGC Approved Short Term Professional Development Programme Under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching and successfully completed the Professional Development Programme on ‘Implementation of NEP-2020 for University and College Teachers.
4. **11th – 24th September 2023:** Attended in the UGC-HRDC

sponsored Refresher Course on Skill Development & Futuristic Technologies Under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, organized by Jai Narain Vyas University Jodhpur-342001, Rajasthan.

5. **25th November– 2nd December 2023:** Participated in the FDP/Training Programme on “Research Paper Writing” jointly organized by B K Birla Institute of Higher Education Pilani-Rajasthan, Research Foundation of India & RFI-CARE.

Membership in Academic Bodies

IQAC and Board of Studies, ICFAI, Meghalaya

Guest Lectures Delivered

1. **21st - 25th April, 2015:** Participated as a Resource Person in a Training Programme on CCE for heads of Secondary/Higher Secondary Schools, DIET, Tura, West Garo Hills, Meghalaya
2. **7th March 2024:** Presented Paper as resource person in an Orientation Program at DIET entitled, “The National Education Policy 2020: A Vision for Transformation”

Other Details in relation to academics, if any

1. **23rd August 2019:** Attended one Day North East Regional Training Programme for Administrators of Plagiarism Detection Software (PDS) URKUND jointly organized by the Central Library, NEHU, Shillong and INFLIBNET Centre, Gandhinagar, under the aegis of the Ministry of Human resource Development, Govt. of India.
2. **26th - 30th June, 2020** Participated in the Series of National Public Policy Discourses Phase-II (June 26-30, 2020) Organised by School of Education, Mahatma Gandhi Central University, Bihar in collaboration with Department of Education, NEHU, Tura Campus, Meghalaya and School of Education & Training, Central University of Tamil Nadu, Thiruvallur, Tamil Nadu.
3. **10th October 2023:** Organized World Mental Health Day 2023 Theme- Mental Health is a Universal Human Right
4. **Validated a tool as a research expert:** Tool constructed by a Research Scholar of the Department of Nursing from Manipal International University (MIU).
5. **Created a blog for educational purposes:**
<https://diversopaedia.com/education>